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Cat Nutrition



Price: $4.00

Short Description
Cat Nutrition" provides essential insights into the dietary needs of cats, highlighting the importance of animal-based proteins and the risks associated with plant-based diets.

By Dr Elaine Cebuliak.

Description
This book emphasizes the critical role of animal-based proteins in a cat's diet, highlighting the limitations of plant-based proteins. Unlike humans and dogs, cats lack specific metabolic pathways to efficiently utilize plant proteins, making animal proteins essential for their overall health and well-being. The author emphasizes that not all proteins are created equal, emphasizing the importance of biological value in assessing the quality and composition of proteins.

Furthermore, the book delves into the significance of taurine, a vital amino acid found in meat but absent in plants. The absence of taurine in a cat's diet can lead to serious health issues such as blindness and heart problems. Drawing attention to the difference in protein quality between dry and canned cat food, the book challenges the assumptions of some pet food companies and argues against the extensive use of plant proteins in cat

food due to their cost-effectiveness.

In addition to addressing the protein requirements, the book tackles the issue of excessive carbohydrates in cat diets. It highlights that cats are natural carnivores and are not biologically adapted to consume high levels of carbohydrates found in many dry cat foods. The book explains the negative impact of carbohydrate-heavy diets on cats' health and advocates for a balanced diet consisting of high-protein, high-moisture content, and meat-based food with minimal carbohydrate intake.

"Cat Nutrition" concludes by providing practical recommendations for feeding cats a natural diet, emphasizing the importance of fresh raw meats, appropriate carbohydrate and vegetable content, and necessary supplements to ensure a complete and balanced diet. It challenges the notion of feeding dry food to cats and highlights the risks associated with plant-based diets. With a strong emphasis on the well-being and longevity of cats, this book serves as a valuable resource for cat owners looking to provide optimal nutrition for their feline companions. Furthermore, the eBook exposes the issue of excessive carbohydrates in cats' diets, particularly in dry food. It explains how cats in their natural setting consume a minimal amount of carbohydrates, making plant-based dry foods inappropriate for their dietary needs. By analysing the biological adaptations of cats as obligate carnivores, such as their urinary system's water conservation ability, the eBook makes a compelling case against long-term dry food intake and its potential health risks.

In conclusion, 'Cat Nutrition' provides invaluable insights into the importance of animal protein in cats' diets and the risks associated with plant-based diets. It advocates for a diet based on high-quality, meat-based ingredients, emphasizing the need to replicate a cat's natural prey diet as closely as possible. This eBook serves as a comprehensive resource for cat owners, veterinary professionals, and anyone interested in understanding the essential role of nutrition in feline health and well-being.